



TEAM DISTRIBUTION

7/30/25

6U-8U 5:30-7:00 PM

10U-19U 7:30-9:00 PM

WELCOME TO CHINO HILLS AYSO 779

Coach information 2016

Coach Administrator:

Steve Young, coachadmin@ayso779.org

Coach Coordinator:

Jason Tinsley, u16u19@ayso779.org



CHINO HILLS AYSO REGION 779

- ▶ WE ARE AN ALL-VOLUNTEER ORGANIZATION
- ▶ WE ARE CELEBRATING OUR 34th YEAR AS A REGION!
- ▶ WE ARE ONE OF THE LARGEST REGIONS IN THE SURROUNDING AREA OFFERING OVER 1,000 KIDS THE CHANCE TO PLAY SOCCER!



KEY DATES THIS SEASON

- ▶ 8/9 - 8/10/2025 - Area 1B Super Camp
 - ▶ Coach and Referee certification training available
- ▶ 8/23/2025 - Region 779 Advanced Coach Training
- ▶ 8/28/2025 - Region 779 Regional Referee Training
- ▶ 9/5 - 10/25/2025 - Friday Night Foot Skills
- ▶ 9/6/2025 - Fall 2025 Picture day
- ▶ 9/13 - 11/15/2025 - Fall 2025 Season Games
- ▶ 11/17-11/22/2025 - Fall 2025 Post-Season Invitational Tournament

SIX AYSO PHILOSOPHIES

- ▶ Everyone Plays
 - ▶ *Each player must play at least 75% of each game*
- ▶ Balanced Teams
- ▶ Good Sportsmanship
- ▶ Open Registration
- ▶ Player Development
- ▶ Positive Coaching



PLAYER PATHWAY

CHINO HILLS PLAYER DEVELOPMENT PATHWAY



DIVISION COORDINATORS

- ▶ 6U Coed – Jessica Duran, b6g6@ayso779.org
- ▶ B/G 8U – Kayla Warmkessel, b8g8@ayso779.org
- ▶ B/G 10U – Kayla Warmkessel, b10g10@ayso779.org
- ▶ B/G 12U – Alex Solorio, b12g12@ayso779.org
- ▶ B/G 14U – Leo Ramos, b14g14@ayso779.org
- ▶ 16U/19U – Jason Tinsley, u16u19@ayso779.org
- ▶ EXTRA – JJ Guillen, EXTRA@ayso779.org



AYSO AGE MATRIX

- ▶ Playground – 3 years old (2022) on or before Dec. 31st
- ▶ 6U – 4 or 5 years old (2020/21) on or before Dec. 31st
- ▶ 8U – 6 or 7 years old (2019/18) on or before Dec. 31st
- ▶ 10U – 8 or 9 years old (2017/16) on or before Dec. 31st
- ▶ 12U – 10 or 11 years old (2015/14) on or before Dec. 31st
- ▶ 14U – 12 or 13 years old (2013/12) on or before Dec. 31st
- ▶ 16U – 14 or 15 years old (2011/10) on or before Dec. 31st
- ▶ 19U – 16, 17, or 18 years old (2007/08/09) on or before Dec. 31st



COACH CERTIFICATIONS

9 requirements for all Coaches (Head and Assistant) to be certified to coach.

- ▶ *All Training is free and easily accessible from the volunteer page by selecting the AYSOU button in your account.*

1. Current 2025 Volunteer Form:

AYSOU

- ▶ *Log in or create an account at www.ayso779.org*

2. Safe Haven Certification

- ▶ *Note: if completed in 2016 or later, does not need to be redone.*
- ▶ *Training Library, then Safe Haven courses*
- ▶ *Complete all sections*



COACH CERTIFICATIONS

3. Concussion Awareness Training Certification (one time only):

- ▶ *Training Library, then Concussion Awareness Training*
- ▶ *Complete all sections of the course*

4. Sudden Cardiac Arrest Training

- ▶ *Training Library, then Sudden Cardiac Arrest*
- ▶ *Complete all sections of the course*

5. Complete a Background check via the Risk Status link

- ▶ *In your volunteer account, click the renew and update all links.*



COACH CERTIFICATIONS

6. Complete Live Scan *today, before you leave!*

7. Safe Sport Training

- ▶ *Training Library, then Safe Sport Training*
- ▶ *Complete all sections of the course*

8. Upload your picture to your user profile

- ▶ *This is found in your Sports Connect account. Upload a headshot of yourself for your coach badge.*

9. Division Specific Coach Training

- ▶ *Select View Courses under Coaching, then the appropriate division*
- ▶ *Then register for the required in-person training*



COACH CERTIFICATIONS

REQUIRED IN PERSON Coach Certification Training

- ▶ 10U: U10 Coach (Aug 9th or 10th at Ontario Super Camp)
- ▶ 12U: U12 Coach (Aug 9th or 10th at Ontario Super Camp)
 - ▶ Complete the online pre-course and register for the in-person class via the training event in AYSOU
- ▶ 14U: Intermediate Coach (Aug 9th at Ontario Super Camp)
 - ▶ U12 coach and online Intermediate pre-course completed as prerequisites
- ▶ U16/19: Advanced Coach (Aug 10th at Ontario Super Camp)
 - ▶ Intermediate coach, and online Advanced pre-course completed as prerequisites.



AYSO 779 COACH CERTIFICATION CLINICS

- ▶ 12U, Intermediate, and Advanced coach certification classes
 - ▶ Can attend any class offered by our region or a region nearby
- ▶ Enroll via AYSOU (***NO ON-SITE SIGNUPS, YOU MUST REGISTER***)
 - ▶ Click “Training Event”, remove “Region 779” from the Regions section, add 91709, and adjust the distance in the Location section
 - ▶ In the Courses section, enter the course you need (i.e., 12U) and select the appropriate course



AYSO 779 COACH CERTIFICATION CLINICS

- ▶ Find a course on a date/time that works in your schedule before the season starts in the calendar
- ▶ Read the information for the location and anything that needs to be completed prior to the certification course, then click enroll on the bottom right.
- ▶ Time on the field is required, so wear comfortable clothes and shoes geared for activity.
- ▶ ***MUST SIGN IN AND SIGN OUT TO COMPLETE THE COURSE***



COACH ID BADGES

- ▶ 2025 Picture ID badge **MUST** be worn at practices and games by all Head and Assistant Coaches.
 - ▶ Only the 2025 Badge is acceptable. No expired badges!
- ▶ ID badges will be printed only when all 9 required certification items have been completed.
- ▶ ID badges are for the safety of the players *and* the coach.
- ▶ Pictures for ID badges must be uploaded by you on your Sports Connect site
- ▶ ID badges will be available for pick up at the Region tent of your game site once ALL certifications are complete, starting on the first day of games.
- ▶ Coaches must sign in at the Board tent before their game and show their badge. **ALL DIVISIONS, NO EXCEPTIONS!**



COACH SUPPLIES

THE REGION WILL PROVIDE ALL HEAD COACHES:

- ▶ 3 Soccer balls
- ▶ First Aid Kit
- ▶ Pinnies for ½ your team (8U and above)
- ▶ 12 Cones
- ▶ Coach T-shirt
- ▶ Ball bag
- ▶ Whistle



COACH CONDUCT

- ▶ POSITIVE COACHING to all players
- ▶ Be Prepared and Organized
- ▶ POSITIVE SIDELINE CONDUCT
- ▶ Respectful to the Referees

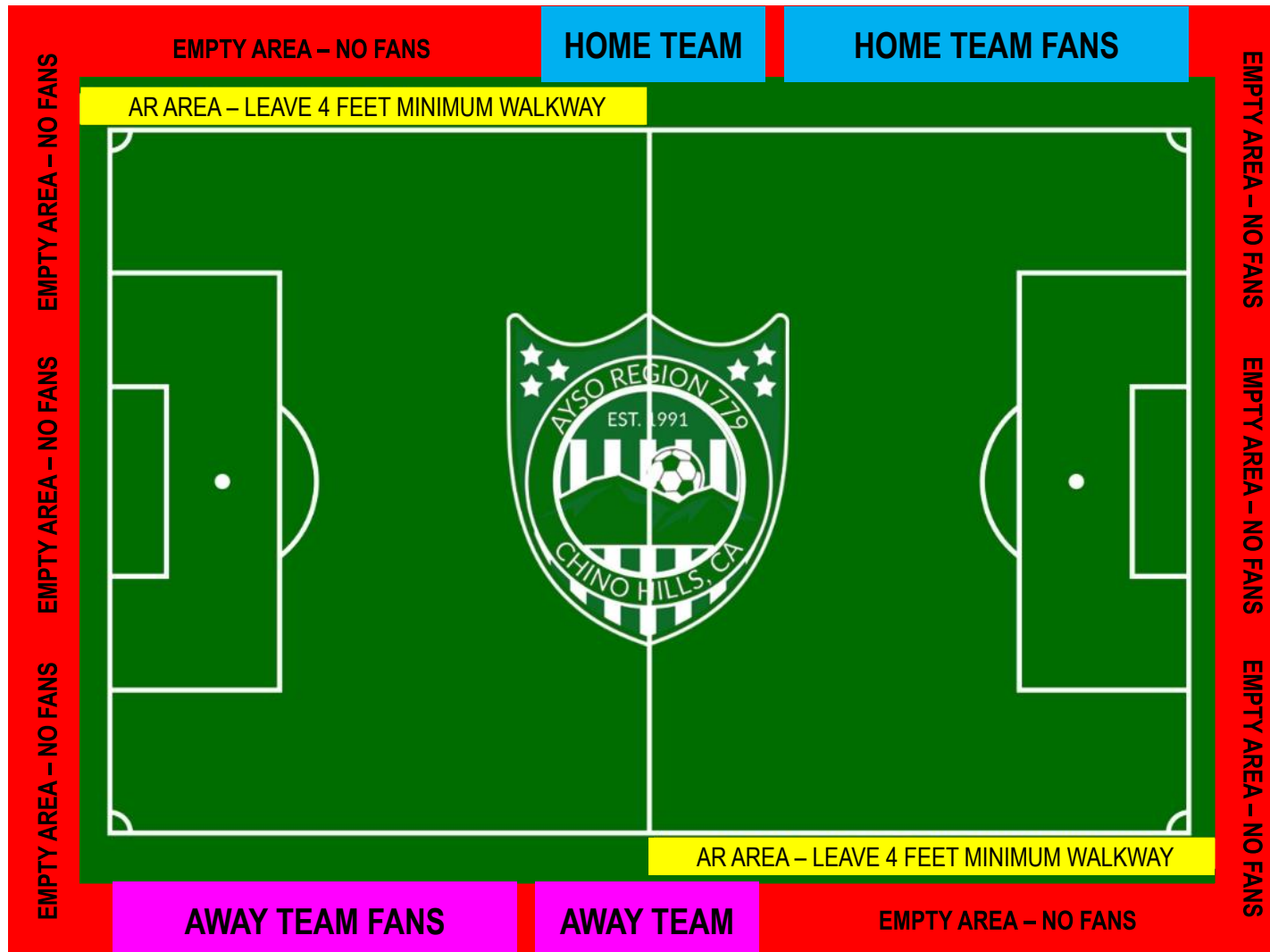
ZERO TOLERANCE POLICY IN PLACE!

- ▶ Good communication with parents and the coordinator
 - ▶ Expectations from you, players, and parents
- ▶ ALWAYS have player registration forms at practices & games
- ▶ Get your parents involved!
- ▶ Remember the kids are here to HAVE FUN!



Game Day Setup (10U+)

NORTH/EAST



SOUTH/WEST

PRACTICE SITES

- ▶ 10U–19U teams only... Practice slots will be assigned on a first-come, first-served basis. Practices can begin as early as August 4, 2025
- ▶ **ONLY TEAMS** in Divisions 10U-19U can practice at Community Park
- ▶ Times: Fields 1, 3, and 5 4:15–5:30 pm; 5:30–6:45 pm; 6:45 pm–8 pm
- ▶ Days: Monday/Wednesday OR Tuesday/Thursday
- ▶ **PLEASE BE RESPECTFUL OF FIELD SPACE AND TIME!**
- ▶ SOCCER GOALS SHOULD NOT BE USED and ***ABSOLUTELY CANNOT BE MOVED!***



PRACTICE SITES

- ▶ 5U-8U will practice at AYSO-allowed parks within the city limits
 - ▶ Practices should be no more than an hour each day and NO more than 2 hours in a week for 5U-8U
 - ▶ Coach picks day(s) and times convenient to them. Email your division coordinator when and where you will be practicing.

Locations that are OFF limits:

- Ayala High School
- Chaparral Elementary
- Chino Hills High School
- Country Springs Elementary
- Eagle Canyon Elementary
- English Springs Park
- Fairfield Park
- Glenmeade Elementary
- Hunters Hill Park
- Litel Elementary
- Los Serranos Elementary
- Oakridge Elementary
- Canyon Hills Jr. High
- Townsend Jr. High



COACH/PARENT MEETING

- ▶ Decide on a Team Name
 - ▶ Check with the division coordinator that the name is not duplicated prior to ordering the banner, etc.

HAVE EVERY FAMILY SIGN UP FOR AT LEAST ONE POSITION!

- ▶ Get a Sponsor – Determines the order of uniform color selection
- ▶ Assistant Coach
 - ▶ All teams are encouraged to have an assistant coach
 - ▶ The volunteer will need the same certifications as the head coach



COACH/PARENT MEETING

- ▶ Referees
 - ▶ At least 3 per team, shouldn't be the coach;
Certifications provided by the Region
- ▶ Designate a Team Parent
- ▶ Set up/Take down helpers
- ▶ Banner Coordinator
- ▶ Treasurer
- ▶ Snack Coordinator



FOOT SKILLS TRAINING

- ▶ Alliance and EXTRA Teams will be assigned to our region from September 5th – October 24th
- ▶ **Friday Night Foot Skills** will run for 8 weeks and is *FREE* to all registered 2025 players in ALL divisions.
 - ▶ Run by the Alliance and EXTRA training staff
 - ▶ Begins Friday, September 5th and ends on Friday, October 24th at Community Park
 - ▶ Playground/6U: 5:15–6:00 pm – Field 3 or 4
 - ▶ 8U–10U: 6:10–7:00 pm – Field 3 or 4
 - ▶ 12U and older: 7:10–8:15 pm – Field 4
 - ▶ ***MUST SIGN IN AT THE TABLES UPON ARRIVAL***



6U GUIDELINES

- ▶ Four 5-minute quarters, a 5-minute halftime break
- ▶ 5-V-5, no goalkeepers!
- ▶ Players are required to play a minimum of 3 quarters of the game (Our region has players participating for the entire game)
 - ▶ ****Player substitutions are performed on a quarter basis**
- ▶ Direct free kicks only (indirect free kicks are not allowed)
- ▶ **All out-of-bounds restarts will be with a pass in. ****NO THROW-INS******
- ▶ **NO** goal kicks, corner kicks, heading of the ball, or offside infractions
- ▶ **Coaches and referees must sign in at the board tent prior to the game**
- ▶ The home team provides the referee
- ▶ Coaches are not allowed on the field
- ▶ Scores and standings are not kept
- ▶ Soccer ball: Size 3



8U GUIDELINES

- ▶ Four 10-minute quarters, with a 5-minute halftime break
- ▶ 6-V-6, with Goalkeepers
- ▶ Players are required to play a minimum of 3 quarters of the game
- ▶ Player substitutions are performed on a quarter basis
- ▶ Free kicks (direct and indirect), goal kicks, corner kicks, and throw-ins are allowed
- ▶ No offside infractions, punting, or heading of the ball
- ▶ Coaches and referees must sign in at the board tent prior to their game
- ▶ The home team provides the referee
- ▶ Coaches are not allowed on the field
- ▶ Scores and standings are not kept
- ▶ Soccer ball: Size 3



NO HEADING RULE 12U AND BELOW

1. Consistent with the U.S. Soccer mandates on heading the ball, heading is banned for all division players U-11 (U-12 and below for programs without single age divisions) and below in both practices and games.
 - ▶ Heading for players in U-14 practice is limited to a maximum of thirty (30) minutes per week, with no more than 15-20 headers per player
 - ▶ There is no restriction on heading in matches



NO HEADING RULE 12U AND BELOW

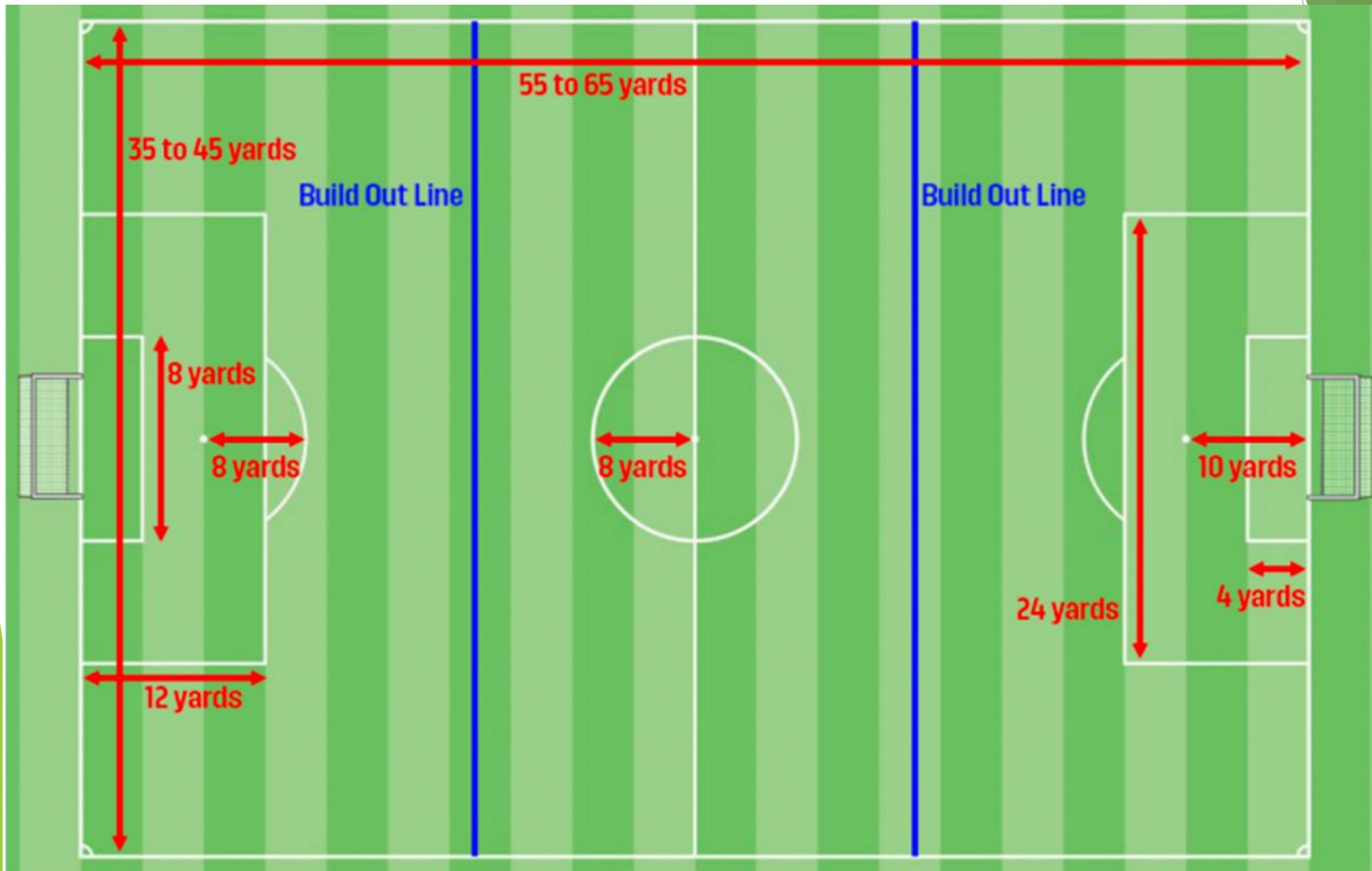
2. An indirect free kick will be awarded to the opposing team if a player age 10 or younger deliberately touches the ball with his/her head during a game
 - a. The indirect free kick is to be taken from the place where the player touched the ball with his/her head
 - b. An indirect free kick awarded to the attacking team inside the opposing team's penalty area must be taken on the penalty area line parallel to the goal line at the point nearest to where the player touched the ball with his/her head
3. Neither cautions nor send-offs shall be issued for persistent infringement or denying an obvious goal-scoring opportunity related to the heading infraction



10U GUIDELINES

- ▶ TWO 25-minute halves, with a water break roughly halfway through each, and a 5-minute halftime
- ▶ 7-V-7 (with goalkeepers), with a minimum of 5 players on each team required for the game to be played
- ▶ Players are required to play a minimum of 3 quarters of the game
- ▶ Player substitutions are performed on a quarter basis
- ▶ Rules and regulations are per FIFA's Laws of the Game
- ▶ No heading of the ball, and no punting by the goalkeeper
- ▶ ***Goal kicks and goalkeeper possession will have a Build-Out line
- ▶ ***The Build-Out line shall be used as the line to determine offside (used to be the half line)
- ▶ Coaches and referees must sign in at the board tent prior to their game
- ▶ Each team is required to provide a center and an assistant referee
- ▶ Coaches are not allowed on the field
- ▶ Scores and standings are kept
- ▶ Soccer ball: Size 4





12U GUIDELINES

- ▶ TWO 30-minute halves, with a water break roughly halfway through each, with a 5-minute half-time break
- ▶ 9-V-9 with a minimum of 6 players on each team required for the game to be played
- ▶ Players are required to play a minimum of 3 quarters of the game
- ▶ Player substitutions are performed on a quarter basis
- ▶ Rules and regulations are per FIFA's Laws of the Game
- ▶ No heading of the ball
- ▶ The goalkeeper may punt the ball
- ▶ Coaches and referees must sign in at the board tent prior to their game
- ▶ Each team is required to provide a center and an assistant referee
- ▶ Coaches are not allowed on the field
- ▶ Scores and standings are kept
- ▶ Soccer ball: size 4



14U GUIDELINES

- ▶ TWO 35-minute halves with a water break roughly halfway through each, with a 5-minute halftime break
- ▶ 11-V-11, with a minimum of 7 players on each team required for the game to be played
- ▶ Players are required to play a minimum of 3 quarters of the game
- ▶ Player substitutions are performed on a quarter basis
- ▶ Rules and regulations are per FIFA's Laws of the Game
- ▶ Coaches and referees must sign in at the board tent prior to their game
- ▶ Each team is required to provide a center and an assistant referee
- ▶ Coaches are not allowed on the field
- ▶ Scores and standings are kept
- ▶ Soccer ball: Size 5

**G14U will play other
Regions on Friday
night or Saturday**



16U GUIDELINES

- ▶ TWO 40-minute halves with a 5-minute half-time break
- ▶ 11-V-11, with a minimum of 7 players on each team required for the game to be played
- ▶ Players are required to play a minimum of 50% of the game
- ▶ Free substitution of players is allowed
- ▶ Rules and regulations are per FIFA's Laws of the Game
- ▶ Games are primarily played during the week
- ▶ Opponents will include teams from other regions
- ▶ Schedules, scores, and standings are through the Area 1U website
- ▶ Soccer ball: Size 5



19U GUIDELINES

- ▶ TWO 45-minute halves with a 5-minute half-time break
- ▶ 11-V-11, with a minimum of 7 players on each team required for the game to be played
- ▶ Players are required to play a minimum of 50% of the game
- ▶ Free substitution of players is allowed
- ▶ Rules and regulations are per FIFA's Laws of the Game
- ▶ Games are primarily played during the week
- ▶ Opponents will include teams from other regions
- ▶ Schedules, scores, and standings are through the Area 1U website
- ▶ Soccer ball: Size 5



COACH CONTACTS

- ▶ In case of any concern, the person to contact is your **DIVISION COORDINATOR**
- ▶ The Division Coordinator will contact the Coach Administrator or the Referee Administrator
- ▶ The Coach Administrator or Referee Administrator will contact the Regional Commissioner
- ▶ ***PLEASE RELAY ANY QUESTIONS OR CONCERNS DIRECTLY TO YOUR DIVISION COORDINATOR!***



PLAYER RATINGS

- ▶ Help us create well-matched teams for the next season
 - ▶ leading to more competitive games
 - ▶ a better playing experience
 - ▶ a great environment for player development
- ▶ Rate players based on their overall impact during games
- ▶ Compare your players to others in their division, not just within your team
- ▶ *KEEP YOUR RATINGS CONFIDENTIAL!*
- ▶ Your division coordinator will provide rating forms towards the end of the season. These must be submitted to pick up trophies or medals.



Player Rating Scale (1–5)

Rating	Descriptors
1 – Novice (Unskilled or low-skilled player)	<ul style="list-style-type: none"> • Just starting to learn the rules and structure of soccer • Limited ball control, dribbling, passing, and shooting • Needs constant direction and supervision • Learning basic positioning and game flow • Distracted or disinterested relative to the game going on around them
2 – Beginner (Learning the Basics, low-skilled relative to peers within their division)	<ul style="list-style-type: none"> • Understands fundamental rules and basic positions • Can perform basic dribbling, short passes, and simple ball control • Learning to work with teammates and follow game play • Requires regular coaching support during games • Puts forth good effort OR is of average skill but puts forth low effort or is easily distracted
3 – Intermediate (Developing Player, average or "typical" relative to peers within their division)	<ul style="list-style-type: none"> • Consistent with basic skills: dribbling, passing, and shooting • Understands game tactics and positioning • Begins to anticipate plays and contribute strategically • Can play multiple positions with moderate independence • Puts forth good effort: often active and contributes during games
4 – Advanced (Strong Competitor, very skilled relative to peers within their division)	<ul style="list-style-type: none"> • Excellent control, accuracy in passing/shooting, and game sense • Confident in 1v1 situations, positioning, and decision-making • Demonstrates strong teamwork, communication, and tactical understanding • Competes effectively at a high level • Strong effort: very active and always contributes during games (i.e., effective defender, attacker, and/or goalkeeper)
5 – Expert (Elite Player, exceptional skills and athleticism relative to peers within their division)	<ul style="list-style-type: none"> • Exceptional technical ability, vision, and composure under pressure • Leads the team, adapts to different roles and styles of play • Reads the game intuitively and influences play consistently • Can dominate a game with a combination of skills (i.e., speed/physicality, aggressiveness/effort, etc.) • One of the top players in their age division

Referee Abuse Prevention Video

<https://www.ussoccer.com/rap>

REFEREE REQUIREMENTS

▶ Divisions 6U–8U

- ▶ The home will need to provide an approved volunteer to referee their scheduled game. If you are the volunteer, you should not be coaching the players while refereeing.

▶ Divisions 10U–14U

- ▶ The home team will be required to provide a center referee for the game immediately before their scheduled game.
- ▶ If you have the second-to-last game of the day, the visiting team will be required to provide a center referee for the game immediately following their scheduled game.
- ▶ Each team will be required to provide an assistant referee for their own games. One from the visiting and one from the home team.



AYSO LAW CHANGES

► Spirit of the Game

- Soccer is designed to be a player's sport, and the involvement of non-players, such as Coaches and Referees, is intended to be limited
- Soccer is a fast-paced sport that should flow with minimal interruptions. Referees have considerable flexibility when determining whether or not to stop play
- Indirect free kick for coaches who stop the ball before it goes out of play
- After 8 seconds, if the goalie has not released the ball, the opponent gets a corner kick
- Enhancement to drop ball: give the ball to the team if they would have had position, not just the last team that touched it



POST SEASON INVITATIONAL ACCEPTANCE GUIDELINES

- ▶ *Post Season Invitational Tournament (10U-14U only)*
- ▶ Eligibility Requirement: The team must maintain 30 points, 16 of which must be referee points
- ▶ Teams start off with 35 points: 20 are referee points and 15 are team sportsmanship points
- ▶ Each team is required to supply an AR for 10 games and a Center Referee for approximately 5 games
- ▶ All teams will AR their own game, positioned on the opposite sideline
- ▶ The Home team will provide a Center Referee for the game **BEFORE** their own



POST SEASON INVITATIONAL ACCEPTANCE GUIDELINES

- ▶ Exception: The ***VISITING*** team of the 2nd-to-last game will provide the Center Referee for the Last game of the day
- ▶ Referee assignments will be distributed to teams in advance
- ▶ Coaches must submit a referee form with a list of their referees, similar to that of a Tournament Referee Form. Ref Admins will verify eligibility.
- ▶ 2 referee points will be deducted for each missed center referee assignment.
- ▶ 1 referee point will be deducted for each missed assistant referee assignment.



POST SEASON INVITATIONAL ACCEPTANCE GUIDELINES

- ▶ Sportsmanship points will be deducted as follows:
 - ▶ -1 *spectator ejection (at minimum)*
 - ▶ -2 *coach ejection (at minimum)*
 - ▶ -2 *player red card (at minimum)*
- ▶ Any team that fails to maintain the required number of points will ***NOT*** be invited to participate in the postseason invitational tournament, regardless of the team's standings at the end of the season. *Sideline behavior is the key to your success.*
- ▶ The winners of the championship matches in each division will automatically advance to the Area 1B Fall Tournament, which will be held after the conclusion of the postseason invitational.
- ▶ The Referee and Coach Administration will determine eligibility based on points. Points will be posted weekly after week 5.





**THANK YOU FOR
VOLUNTEERING!**

**YOU MAKE A
DIFFERENCE!**